

Indoor Large Motor Play Part 2

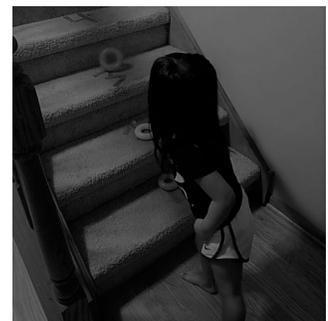
Balloon ping pong - Using a paper plate or piece of cardboard and a stick, create a simple paddle. Then tie a string to a balloon and hang it down from the ceiling or doorway. Invite the children to hit the balloon with the paddle.



Tape maze - Use painters' tape to make a fun maze on the floor. Ask children to then walk, hop, skip and jump to follow the tape. Different lines or shapes can indicate different ways to move. You can also use the maze for a car road by moving toy cars along the tape.



Hit the target toss - Using a bean bag, soft toy or plastic ring, add a mark on each step of a staircase. Add some extra fun and put numbers, colors or shapes on each stair. Ask each child to toss the object at the designated targets. You can also try this on a flat surface, just be sure to arrange the targets further apart from one another.



Paper airplane challenge - Take some paper and use some to cut out shapes of different sizes as targets, then tape the paper with the cut out targets across a doorway. Have children create their own airplane to try to fly through the targets. Encourage creating different kinds of paper planes and challenge the children to fly their airplane through different targets.



Ball Maze - Cut out strips of paper and then use tape to place them on the floor, arrange the arches to create a maze. Using a ball, ask children to roll under the arches to the end of the maze.



Simon Says - Play an active game of Simon Says, using paper cutouts of handprints or footprints, call out the name of the body part to have children move to reach the printout. Try adding different learning concepts, use shapes, colors, numbers depending on the children in your care.



Obstacle Course - Have each child design one part of an obstacle course and take a photo of it, shuffle the order of the photos to decide the order of the obstacle course, you can also draw the order or have children guide one another through the course

